metro

PHILADELPHIA NO. 1 FREE DAILY IN THE US

Tuesday, November 21, 2017 metro.us | t: MetroPhilly | f: MetroPhilly

MEEK MILL SUPPORT KEEPS GROWING

Drake shouts out Philly rapper, now out of isolated confinement. 6

Celebrating sober, holidays can be hard for those in recovery. 24-25

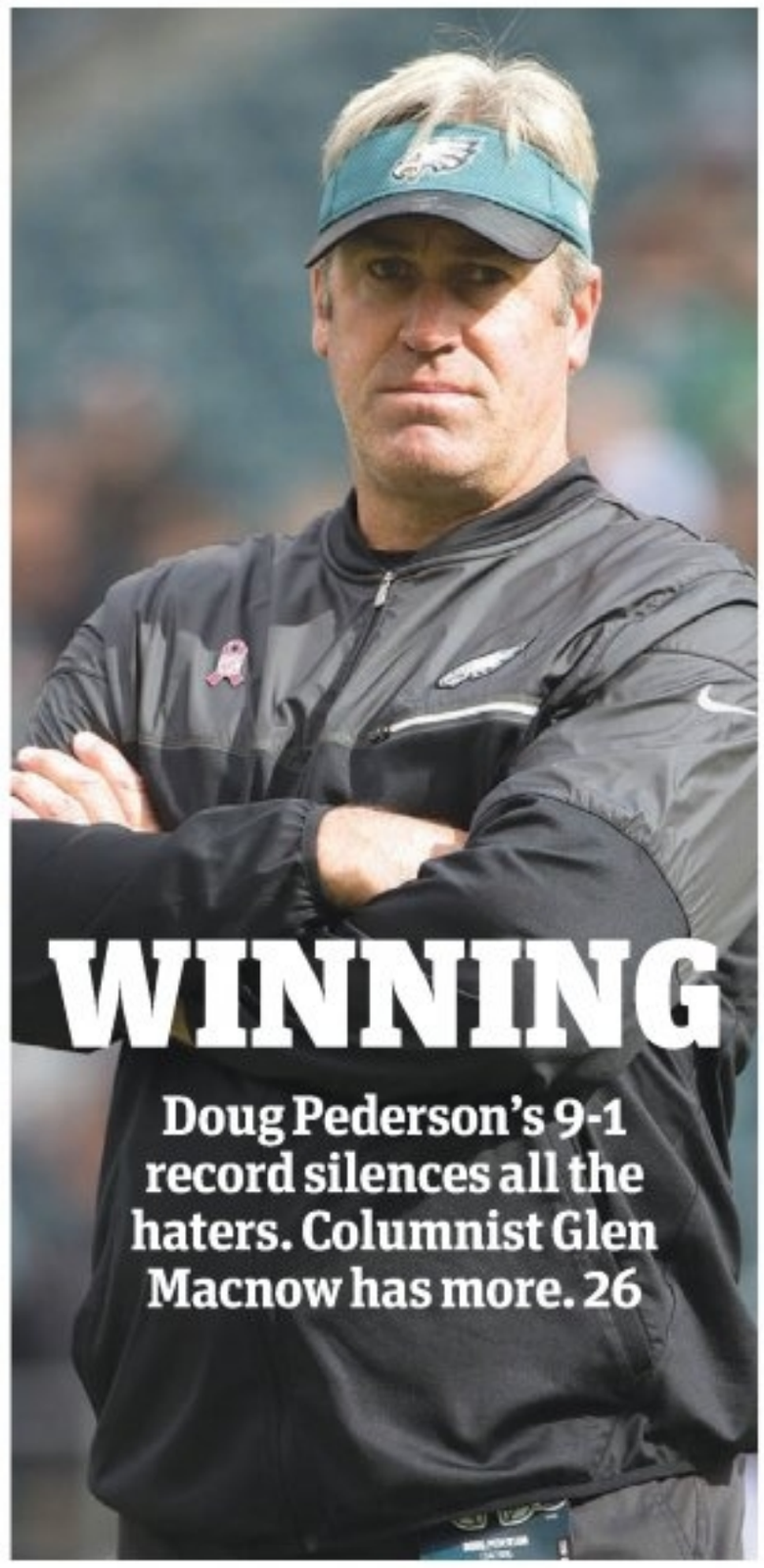
Your guide to Black Friday deal-hunting. 22-23

DOCTOR DEVIANT

Ricardo Cruciani

PHOTO COURTESY OF THE PHILADELPHIA POLICE DEPARTMENT

More women come forward accusing a former Philadelphia neurologist of sexual misconduct during medical visits. 6



WINNING

Doug Pederson's 9-1 record silences all the haters. Columnist Glen Macnow has more. 26

Join SEPTA and Center City District for fun-filled holiday train rides and a festive parade as we welcome Santa Claus to Rothman Ice Rink at Dilworth Park located at City Hall.

ISEPTAPHILLY.COM/SANTAEXPRESS

CENTER CITY DISTRICT

I ♥ PHILLY

ROTHMAN ICE RINK

NEIL R. GELB INJURY LAWYERS

FREE LEGAL ADVICE • (215) 520-7777

Slip and Falls • Auto Accidents • Medical Malpractice • Wrongful Death • Brain Injury

OUR GOAL IS A LARGE SETTLEMENT FOR YOU

WELCOME TO METRO PHILLY

EVAN MACY, SPORTS EDITOR

It's not too late to continue giving your Cowboys fan friends crap. The Eagles have fired off eight straight wins, lead the NFL with 320 points and have outscored their four most recent foes, 155-66. In Sunday's 37-9 win, Philly ran for 100 yards for the ninth straight time and nabbed three interceptions for the second time this year. Things, quite literally, have never been better for Eagles fans. Fly high.

US TO SUE TO BLOCK AT&T AND TIME WARNER DEAL

1 The U.S. Department of Justice will filed a lawsuit on Monday to block AT&T Inc's $85.4 billion acquisition of Time Warner Inc. The legal challenge was expected after AT&T rejected a demand by the Justice Department earlier this month to divest its DirecTV unit or Time Warner's Turner Broadcasting — which contains news network CNN — in order to win antitrust approval. AT&T's chief executive said then that he would defend the deal in court to win approval if necessary. The No. 2 U.S. wireless carrier struck a deal in October 2016 to buy Time Warner, which also owns the premium channel HBO and movie studio Warner Bros., in order to compete with emerging technology companies by bundling video entertainment on its mobile service.

US DESIGNATES N. KOREA A STATE SPONSOR OF TERROR

2 President Donald Trump designated North Korea a state sponsor of terrorism on Monday, allowing the United States to impose additional sanctions and penalties against Pyongyang as it continues to pursue nuclear weapons programs. The Republican president, who has traded personal barbs and insults with North Korean leader Kim Jong Un, said the Treasury Department will announce the additional sanctions against North Korea on Tuesday. The designation came a week after Trump returned from a 12-day, five nation trip to Asia in which the U.S. president made containing North Korea's nuclear ambitions a centerpiece of his discussions with world leaders. "Today, the United States is designating North Korea as a state sponsor of terrorism," Trump told reporters at the White House.

DEMONSTRATION

3 University of Zimbabwe students take part in a demonstration on Monday in Harare, to demand the withdrawal of Grace Mugabe's doctorate and refused to sit their exams as pressure builds on Zimbabwe's President Robert Mugabe to resign. Zimbabwe's president faced the threat of impeachment by his own party on Monday after his shock insistence he still holds power in Zimbabwe despite a military takeover and a noon deadline to end his 37-year autocratic rule.

GETTY IMAGES

5 THINGS YOU NEED TO KNOW

TRUMP CALLS FOR LYNCH SUSPENSION FROM NFL

4 President Donald Trump on Monday said Oakland Raiders running back Marshawn Lynch should be suspended by the NFL if he continues to protest during the national anthem after Lynch sat during a rendition of the song before Sunday's game in Mexico City. Lynch and other NFL players have taken a knee or sat during the anthem as a way to protest police brutality and racial inequality in the U.S. Trump has called their actions disrespectful to the country and in the past has said protesting players should be fired. After sitting during the "Star-Spangled Banner," the five-time Pro Bowler rose for the Mexican national anthem while getting equipment put on. The Raiders went on to lose 33-8 to the New England Patriots at Estadio Azteca.

ROSE SHOWS SUSPENDED AFTER ALLEGATIONS

5 Television shows hosted by Charlie Rose on Monday were suspended by CBS, PBS and Bloomberg following a report by the Washington Post in which eight women say he sexually harassed them. PBS and Bloomberg said in statements that they were suspending Rose's signature interview show, distributed on both outlets, citing the allegations in the newspaper story. A CBS News

spokeswoman told Reuters that Rose has been suspended and a statement is forthcoming from the network. Rose in a statement apologized for what he called his "inappropriate behavior," but said he didn't believe all the allegations against him were accurate.

TONY'S METRO MAGIC 2017

Tony's METRO MAGIC

As we enter the season of giving, Metro asks that you donate to Tony's Metro Magic annual holiday toy drive to help underprivileged children in your community. You can donate by visiting metro.us/magic, clicking on the toy wish-list link of your choice, and ordering via a secure payment system. Toys will then be distributed to local children in need.

Lord + Taylor

THE BEST-PRICED SECRET

FREE SHIPPING ON *ALL* ONLINE PURCHASES NOW THROUGH SUNDAY

STARTS TODAY

BLACK FRIDAY SALE

THE SAVINGS ARE TOO BIG FOR 1 DAY

EXTRA **50% OFF**

THOUSANDS OF NEWLY REDUCED STYLES
TOTAL SAVINGS UP TO 80%
WOMEN'S SPORTSWEAR, INTIMATES & SLEEPWEAR

SHOP THESE SPECIALS & MORE

$39.99
WOMEN'S CASHMERE SWEATERS
ORIG. $108-$174
YOU SAVE OVER $65

$99.99
UGG®
ARIELLE
ORIG. $170
YOU SAVE OVER $70

$29.99
EXCLUSIVELY OURS
BLACK BROWN 1826 MERINO SWEATERS
ORIG. $70 YOU SAVE OVER 55%

STARTING AT $19.99
HANDBAGS
ORIG. $48-$198
YOU SAVE UP TO 70%

STARTING AT $59.99
WOMEN'S PUFFERS
TAHARI, VINCE CAMUTO AND MORE
ORIG. $200-$280 YOU SAVE OVER $140

STARTING AT $29.99
BOOTS
ORIG. $89-$130
YOU SAVE OVER 65%

40% OFF
MEN'S LEVI'S DENIM

DOORS OPEN
THANKSGIVING DAY 5PM;
5AM FRIDAY
& 7AM SATURDAY†

PLUS, USE THIS SAVINGS PASS ON OTHER GREAT ITEMS STOREWIDE

ONLINE & IN STORES

NEW!
CARDHOLDER EXCLUSIVE
Holiday Reward
*$20 Bonus Card**

With every $200 you spend with your Lord & Taylor credit card. Earn now through December 31 by providing your email with your next in-store purchase.

Want A Holiday Reward Bonus? Who doesn't? Apply for a Lord & Taylor card and provide your email to start earning.

20% OFF SELECT REGULAR & SALE ITEMS*

Lord + Taylor

PRESENT THIS SAVINGS PASS TO YOUR SALES ASSOCIATE NOW–SUNDAY, NOVEMBER 26

***Excludes Select Designers & Brands. Not valid on Black Friday Specials & Smart Value Items.** Also excludes: Limited-Day Specials & selected special sale events; Just Bobbi; The Dress Edit; The Gallery, cosmetics, fragrances & beauty accessories; regular-price Brand Assembly, swimwear, fashion watches, intimate apparel, sleepwear, hosiery & all quantity-priced hosiery and intimates; luggage; all kids' shoes, toys & boys' dresswear; candy & gourmet; all tech & fine watches, designer jewelry & special event promotions in Fine Jewelry; charity-related merchandise; Beauty Salon, restaurants, store services, gift cards. Cannot be combined with any other Savings Pass. Bonus savings % applied to reduced prices. Online exclusions may differ; see website for details. This Savings Pass must be presented at the register at time of purchase to receive Savings Pass discount. Not valid on prior purchases, telephone or internet orders. Not valid at L&T Outlet stores and FIND@Lord&Taylor. Complete list of exclusions available at lordandtaylor.com/exclusions and in store.

Complete list of exclusions available at lordandtaylor.com/exclusions and in store.

BUY ONLINE, PICK UP IN STORE**

SIGN UP FOR EMAILS AT LORDANDTAYLOR.COM/GETONTHELIST

Savings Pass not applicable on specials. Unless otherwise noted, all offers are select styles only. †**Go to lordandtaylor.com to see all extended holiday store hours**. Specials available only while supplies last, through Sunday, November 26. All offers, unless otherwise specified, are not valid at Lord & Taylor Outlet Stores and FIND@Lord&Taylor. No adjustments to prior sale purchases. Savings off original and regular prices. Intermediate markdowns may have been taken. Selected collections; not every style in every store. Our regular and original prices are offering prices only and may or may not have resulted in sales. Advertised merchandise may be at sale prices in upcoming sale events. Prices, savings and selection may differ by store and on lordandtaylor.com. For the Lord & Taylor nearest you, visit our website or call 1-800-223-7440. ****Buy Online, Pick Up In Store:** In-store pickup service is available at all Lord & Taylor stores; not valid at Lord & Taylor Outlet stores and Find@Lord&Taylor. Items are ready for pickup the same day, provided that the order is placed before 3PM local time. Email confirmation is sent when the order is ready to be picked up. Photo ID is required for in-store pickup. *Credit approval required. Complete program details available at www.lordandtaylor.com/exclusions and in store.

Former Drexel doc in court as more women come forward to allege abuse

Now 17 women have accused Dr. Ricardo Cruciani of sexual misconduct in the examination room.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

A disgraced former Drexel neurologist will be in court Tuesday for the latest hearing on charges of alleged sexual misconduct against seven female patients.

But Dr. Ricardo Cruciani's case may be far from over, with another 10 women now stepping forward to accuse him of sexual misconduct while providing them with medical care. And criminal investigations are reportedly underway into alleged abuse at hospitals where Cruciani worked in New York and New Jersey.

Attorney Jeffrey Fritz, who is representing a dozen of the alleged victims, is trying to figure out how Cruciani was able to get hired at Drexel University's hospital despite alleged victims' claims that they complained about his conduct at other hospitals where he worked, Beth Israel in Manhattan, then Capital Institute for Neurosciences' Center for Pain Management in New Jersey.

"If you're hiring somebody at a facility in Philadelphia, how much was asked about his past?" asked Fritz, an attorney with Soloff & Zervanos, PC. "We know for sure that complaints were made by multiple women at Beth Israel in New York. ... If he gets hired again at Capital and Drexel, and there's no disclosure about those complaints … some serious questions are raised about why wouldn't Beth Israel disclose that information?"

Cruciani is facing charges in Philadelphia of indecent assault, exposure and harassment, for incidents related to seven different women at Drexel. Drexel fired Cruciani in March after an internal investigation, and he was charged by the Philly DA's office in September. His defense lawyer declined to comment on the case but has stated he is "wrongly accused and will plead not guilty."

The victims' allegations against the doctor range from forced kissing and groping to exposing himself and masturbating in front of them, pressuring them to perform oral sex, and at least three allege they were forced to have sexual intercourse with the doctor.

Fritz, who said he is planning a lawsuit against the medical facilities that employed Cruciani, said some of his clients continued to see the doctor despite the alleged abuse, because they suffered from rare neurological pain disorders they felt only he could treat.

"He was good," Fritz said. "Some of these women had been to more than a dozen pain management specialists or doctors for help to get relief from pain. … He comes along, he's helpful to them, and the only way that they're going to continue to get care and treatment is by succumbing to what he's asking for and doing to them."

One victim, 40, told the Associated Press she saw Cruciani at Beth Israel, and he kissed her during an early appointment. Her primary care doctor at the same hospital allegedly responded to her complaints that Cruciani was "handsy" and to "watch yourself." Over 10 other incidents, she said included Cruciani forcibly kissing her and rubbing her breasts and genitals.

A lawsuit is being planned against the medical facilities that employed a doctor now accused of sexual misconduct. ISTOCK

A 55-year-old woman claims she saw Cruciani for years while suffering similar abuse. She claims she brought a friend to one appointment to deter the doctor, but he retaliated by delaying refilling her prescribed opioid medications, she claims.

Another victim, Hillary Tullin, a former news producer for ABC and CBS, came forward to share her allegations against the doctor after he was charged in September.

She said he forcibly kissed her soon after she met him in 2002 at Beth Israel; but after a few weeks, she returned, and went on to experience "at least a dozen" other incidents of the doctor touching her breasts, genitals, her performing oral sex on him and him doing the same to her.

"There was nothing consensual about it," she told the AP. "When you're being held in a locked office with someone for three hours, and you know that that person holds your health in his hands, you make a decision. And my decision was that I wanted to be able to walk again."

Fritz stressed that the women felt trapped: "They had filed complaints, disclosed this to other doctors in the facility, and nothing was done about it. So from their perspective, what good was it to mention it again if nobody's listening to you?"

Dr. Ricardo Cruciani is facing multiple charges of indecent assault, exposure and harassment. PPD

"When you're being held in a locked office with someone for three hours, and you know that that person holds your health in his hands, you make a decision. And my decision was that I wanted to be able to walk again."

Hillary Tullin

FBI, police on manhunt for PA cop killer

Authorities are on the lookout for a gunman who killed a Pennsylvania police officer during a traffic stop, and have raised a reward to $43,500 while asking for tips in the case.

Officer Brian Shaw, 25, who had been with the New Kensington Police Department for less than a year, was shot late on Friday after a traffic stop and foot chase, police have said.

Law enforcement agencies near the small town about 20 miles northeast of Pittsburgh as well as the FBI are searching for the suspect in the shooting, Pennsylvania State Police spokesman Trooper Steve Limani told reporters.

"We appreciate the phone calls we've been receiving. We've had a multitude of people call in, and we encourage those phone calls to continue," he said.

An arrest warrant identified the suspect as Rahmeal Sal Holt, 29, and warned that he should be considered armed and dangerous, state police said on Twitter.

The Pittsburgh Tribune-Review said Holt had a lengthy criminal record, including carrying an unlicensed gun and resisting arrest.

New Kensington area residents and the local police union raised the reward for information leading to Holt's arrest to $43,500 on Sunday from $40,000, state police said. REUTERS

Authorities are searching for Rahmeal Sal Holt. HANDOUT

This is YOUR Parade!

TUNE INTO PHILADELPHIA'S #1 FAMILY TRADITION

LIVE! NOVEMBER 23, 2017 | 8:30AM – 12PM

6abc

Hosted by:

RICK & CECILY

ADAM, KAREN & ALICIA

Drake performs onstage in Atlanta. GETTY IMAGES

Meek Mill updates: Moved from isolated custody and gets shoutout from Drake

The Philly rapper got support from Drake, although they have sparred on Twitter.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Toronto-born rapper Drake is the latest celeb to address Philly rapper Meek's Mill recent re-imprisonment on probation violations.

"Free Meek Mill – that's right," Drake said at a concert in Australia Sunday – the first positive thing Drake has been known to say about Meek since the pair battled on Twitter.

The shoutout came as Meek's supporters are claiming victory in the rapper's case, with his move into the general population at the state correctional institute in Chester to serve out the rest of his two-to-four year sentence being reported by TMZ as a release from "solitary confinement." They said he was being kept alone for 23 hours a day, seven days a week.

But the state Department of Corrections (DOC) says that story, which went viral across hip hop and celebrity news sites, is false. A spokeswoman said via email that "protective custody" is for high-profile inmates, while "disciplinary custody," a.k.a. solitary confinement, is for inmates exhibiting "poor behavior."

"Meek Mill was neither. He was simply placed in a single cell, which is not unusual, while undergoing diagnostic testing at Camp Hill," the spokeswoman said via email. "He is now in general population at SCI Chester and housed in the 'honor' unit, which is home to Chester's dog-training program."

Either way, the celeb-news gossip site is celebrating the move as a positive one for the rap star, who has been a subject of national news since he was jailed in early November.

"We're told Meek believes he'll do fine in G.P. because he's well respected on the streets and has given back a lot since he's become a celeb," TMZ wrote, before noting that Meek can now exercise in the yard, visit the on-site library and work in an assigned role.

Meanwhile, Drake's shoutout appears to have settled a major beef from Meek's past.

The two feuded in 2015 after Meek reacted harshly to being compared to Drake.

"Stop comparing drake to me too.... He don't write his own raps! That's why he ain't tweet my album because we found out!" he tweeted.

The ensuing Twitter war even involved Toronto City Councilor Norm Kelly, and Drake mined it for memes mocking Meek that he displayed during later concerts.

Meek's attorneys are seeking reconsideration of his two- to four-year sentence. Jay-Z recently wrote an op-ed in support of Meek's case. The rapper was re-imprisoned on violations of probation from a 2008 gun-possession case.

Meek Mill's prison sentence has drawn criticism. GETTY IMAGES

Severe Injury · Cerebral Palsy
Cancer · Medical Mistakes

- Brain Injury
- Doctor Mistakes
- Paralysis
- Obstetrical Mistakes
- Amputations
- Wrongful Death

Speak with a Harvard and Yale trained Doctor-Lawyer

Over $100 million recovered as co-counsel

Former Assistant Professor at Harvard Medical School

Former Attending Doctor at Harvard Teaching Hospitals

Named one of 2014 & 2015 Super Lawyers by publisher of Philadelphia Magazine

Member of the Multi-Million Dollar Advocates Forum

www.tymdjd.com

Law Offices of Tai Y. Wong

215-592-9750

Free initial consultation. No Recovery-No Fees.

1101 Market Street, Aramark Tower, Suite 2820, Philadelphia, PA 19107

NOSTALGIA CO.

Mitchell & Ness

PHILADELPHIA, PA.

BLACK FRIDAY SALE

ENTIRE STORE 40% OFF

Black Friday Sale

GIFTS FOR YOUR FAVORITE FAN

40% OFF ENTIRE STORE | 11/24-11/26

** SOME EXCLUSIONS APPLY **

HOLIDAY STORE HOURS

THURSDAY 11/23 CLOSED / FRIDAY 11/24 | 7AM - 8PM

SATURDAY 11/25 | 9AM - 7PM / SUNDAY 11/26 | 11AM-5PM

FLAGSHIP STORE: 1201 CHESTNUT ST | TEL: 267.273.7622 | MITCHELLANDNESS.COM

twitter.com/mitchell_ness *facebook.com/mitchellandness* *http://bit.ly/mn-YouTube*

mitchell-ness.tumblr.com *instagram.com/mitchellness; mnessflagshipstore*

Mitchell & Ness

Philadelphia's competitiveness is of key interest to the Chamber of Commerce. ISTOCK

EXPECTATIONS OF OUR FUTURE PHILADELPHIA WORKFORCE

HASSMAN RESEARCH INSTITUTE

RSVP

We invite your
Research Study Volunteer Participation
in a research study if you have any
of the medical conditions:

- ADHD Pediatrics
- Alzheimer's Disease
- Bipolar Disorder
- Depression
- Eczema/Psoriasis
- Healthy Adults
- Kidney Disease
- Liver Disease
- Low Back Pain
- Migraines
- Pain Crohn's
- PTSD
- Osteoarthritis
- Schizophrenia
- Schizoaective
- Suboxone/Addiction
- Type 2 Diabetes
- Asthma

- Insurance is ***not required*** to participate in our studies, and all study-related care and study medications are provided at no charge.
- Compensation for ***time*** and ***travel*** expenses of between $300 and $5,600 may be available depending on the study.
- Transportation may be available.

FOR MORE INFORMATION, CALL TOLL-FREE
1.866.230.4185
OR VISIT HRITrials.com

HASSMAN RESEARCH INSTITUTE

ROB WONDERLING
Analysis

Late last week, the Philadelphia School Reform Commission (SRC) voted to dissolve itself. After nearly 16 years of existence, the commission, which primarily served to govern over Philadelphia's public, district-managed and charter schools, will hand these responsibilities over to the city on June 30, 2018.

The Chamber believes that an educated and diverse workforce is key to the long-term competitive success of the city and region and acts as a catalyst to attract and retain businesses. To achieve that objective, we need a strong public education system that is adequately funded and professionally managed and governed.

Our broad and practical expectations of Philadelphia's future workforce are based on the following principles, regardless of the governance model deployed to make it so:

- Public funding
- Efficiency and innovation
- Encouraging the deployment of innovative educational models, partnerships, and technologies that might include shared data across public, charter, and parochial schools, to best assess and respond to the current needs for all Philadelphia students.

Over the past several years, the Chamber has been a fierce advocate for high quality educational outcomes. We have worked closely with the SRC and the School District of Philadelphia on many fronts, from helping to secure approval for $300 million in financing to being involved in a statewide coalition to modernize education in the Commonwealth. In addition, the Chamber, through its members, has led engagement strategies across the PreK-12 continuum through the following initiatives:

- **Read to Me:** a yearlong program that supports early childhood literacy.
- **Read by 4th:** a citywide effort to double the number of children reading at grade level.
- **Future Ready Career Pathways:** a program that engages middle schoolers in future career opportunities.
- **Youth Workforce Development:** a campaign that supports the work of the Philadelphia Youth Network.

It is important to note that any future legislative and regulatory initiatives must consider the potential impact on the competitiveness of our city – from an educational outcomes perspective and from a tax structure and level perspective.

We look forward to being a part of the conversation as the city and School District of Philadelphia come together to lead students into a well-educated and prosperous future for Philadelphia.

CRAFT
FUNCTIONAL SPORTSWEAR
MAKE YOUR NEXT RUN BRILLIANT
As the days grow shorter and the temperatures drops, the Brilliant Collection is perfect for chilly low light conditions. The 2.0 version provides warmth and wind protection while strong graphic patterns and reflective details are integrated into the modern athletic design for 360 degrees of visibility.
www.craftsports.us

Report: McMaster called Trump an 'idiot' with intelligence of a 'kindergartner'

National Security Adviser H.R. McMaster called President Trump an "idiot" and a "dope," with the intelligence of a "kindergartner," a report in BuzzFeed News says.

The comments were dispensed during a July dinner with Oracle CEO Safra Katz, said BuzzFeed, citing five sources, including four who had heard about it directly from Catz. A sixth person claimed McMaster made similar comments, saying the president "lacked the necessary brainpower to understand the matters before the National Security Council," said BuzzFeed.

It is not the first report about Trump's simple-mindedness on the world stage. In October, NBC News reported that Secretary of State Rex Tillerson called Trump a "moron" during a meeting at the Pentagon. In May, Foreign Policy magazine reported that during Trump's first NATO summit, speakers were limited to four minutes each, to cater to the president's short attention span. "It's like they're preparing to deal with a child," a source told the magazine.

National security adviser H. R. McMaster allegedly insulted President Trump's intelligence. GETTY IMAGES

According to the BuzzFeed report, McMaster let it fly during a dinner with Catz on July 18 at the Washington, D.C., restaurant Tosca, where the national security adviser also complained about Trump administration members Tillerson, Secretary of Defense James Mattis, former White House chief strategist Steve Bannon, and President Trump's son-in-law and senior adviser Jared Kushner. McMaster said Kushner had no business being in the White House and shouldn't be involved in matters of national security. "[Catz] said the conversation was so inappropriate that it was jaw-dropping," a source told BuzzFeed News.

On Monday, McMaster's alleged dishing drew giggles on social media, along with some suspicion.

While the observations were unsurprising to those who have a history of being able to see and hear the president, the speaker was a bit of a shock: McMaster has a reputation as a serious, taciturn professional. "I have serious questions about this story," tweeted CNBC's Christina Wilkie. "People who know McMaster say he would never sabotage himself like this."

Officials from Oracle and the Trump administration denied the story.

MICHAEL MARTIN

CANCER MEDICAL MALPRACTICE
OPIOID/SUSPICIOUS DEATHS

Delayed/failure to diagnose cancers, medical/nursing/hospital deaths/injuries/amputations/paralysis/blood clot/brain/pregnancy/birth/surgical/anesthesia/opioid/heart attack/stroke/dialysis/infection/diabetic/deaths/complications/surgical/abdominal/vaginal/pelvic/hernia mesh complications/all suspicious deaths, etc.
Cases Reviewed with Expert Physicians, including Ivy league trained expert physicians.

Evaluations by Attorney named top 1% of attorneys nationwide-National Assoc. of Distinguished Counsel, America's Top 100 Attorneys-Pennsylvania, many times as one of PA's best medical malpractice/personal injury attorneys with selections as a PA Super Lawyer, legal commentator, board member of PA's and Philly's largest trial lawyers organizations, life-time member of Million Dollar Advocates Forum, and former adjunct. Prof of Law.

Millions of Dollars Recovered for Injured Clients

CALL **215-567-0493**
or email now for Free Consultations

EMMANUEL LAW FIRM, LLC
Two Penn Center, 1500 JFK Blvd. www.emmanuellawfirm.com
No Recovery-No fee/Free Consultations • Home/Hospital Visits

FREE ESTIMATES, FINANCING AVAILABLE
American Home Concepts
BBB
Home Remodeling Specialist
"www.AmericanHomeConcepts.com"
• Kitchens & Bathrooms
• Windows & Doors
• Vinyl Siding & Roofing
• Cement & Stucco
• Wood Decks & Patios
• Railings & Fences
• Porch Repairs
• Tile Flooring
• Awnings
* Free Estimates
(610) 667-7775
PA-HIC Reg.# PA008523
Present this Coupon for 20% DISCOUNT ON All Work!
Not valid on previous orders. Cannot be combined with other offers. Call American Home Concepts at 610.667.7775 for details.

URBAN ELEGANCE

When you get home, relax with the new CITY barware collection from Orrefors.
The CITY collection consists of crystal glass barware and stainless steel accessories that embodies modern Scandanavian design. Inspired by city lights, the cuts on the surface create a bold and masculine, yet elegant and refined feeling.

CITY barware collection can be found at Bloomingdales, other fine retailers and www.orrefors.us

CITY DESIGN MARTTI RYTKÖNEN
Highball, Old Fashioned, Double Old Fashioned 4-p $60 | Ice Cubes stainless steel 4-p $30

Report: Trump administration will move to end net neutrality over Thanksgiving

A holiday news dump could change the face of the internet as we know it.

MICHAEL MARTIN
@MetroPhilly
letters@metro.us

The head of the Federal Communications Commission will announce a plan to overturn net neutrality on Wednesday, while most Americans are distracted by the day before Thanksgiving.

FCC head Ajit Pai, a Trump appointee, wants to overturn President Obama's landmark regulation of the internet as a public utility, preventing internet-service providers from blocking, slowing or charging more for access to content of their choosing. On Wednesday, Pai will set a final vote on the matter for Dec. 14, reports Reuters.

Net neutrality advocates find the timing to be suspect. "There's a reason that Pai is releasing a plan that he knows will be overwhelmingly unpopular with voters from across the political spectrum on one of the busiest travel days of the year when many journalists are out of the office," Evan Greer, campaign director of Fight for the Future, told Mashable.

The principle behind net neutrality is that all data is equally accessible, preventing big companies from paying more for preferential treatment and squeezing consumers and small businesses. Pai is an outspoken opponent of net neutrality, claiming it amounts to government control of the internet.

He opened a public-comment period in May, which drew more than 22 million comments and stoked allegations that the field was tainted with automatic submissions. The FCC ignored requests to disclose records and is facing a lawsuit over it. Meanwhile, a study found that nearly 100 percent of non-automated comments opposed plans to overturn net neutrality, Ars Technica reported in August.

In July, a group representing major technology companies including Facebook and Google parent company Alphabet asked Pai to drop his plans.

"We'll learn the gory details in the next few days, but we know that Pai intends to dismantle the basic protections that have fueled the internet's growth," net neutrality advocate group Free Press said.

The head of the FCC wants to overturn President Obama's landmark regulation of the internet as a public utility. GETTY IMAGES

KEYSTONE PIPELINE

Nebraska clears path for Keystone XL pipeline, challenges remain

Nebraska regulators approved a route for TransCanada Corp's Keystone XL pipeline through the state on Monday, removing a big regulatory obstacle for the long-delayed project backed by President Donald Trump but leaving its future shrouded in legal and market uncertainty.

The 3-2 vote by the Nebraska Public Service Commission helps clear the way for the pipeline linking Canada's Alberta oil sands to refineries in the United States. But opponents have promised to tie the project up in court for years and TransCanada is still studying its commercial viability after a surge in U.S. drilling that has cut crude oil prices roughly in half since the pipeline was first proposed.

"We are going to fight like hell to make sure this pipeline never gets built," said Jane Kleeb, the head of anti-pipeline political advocacy group Bold Nebraska.

The commission's approval was not for TransCanada's most preferred route, but for a more costly alternative that would add 5 miles of pipeline, along with an additional pumping station and related transmission lines. States and federal officials said it was unclear if the route required any additional permits that the preferred route already had.

Alberta Premier Rachel Notley said the pipeline "will mean greater energy security for all North Americans."

The proposed line, which would run about 1,180 miles from Hardisty, Alberta, to Steele City, Nebraska, has long been a lightning rod of controversy. Environmentalists have made it into a symbol of their broader fight against fossil fuels and global warming. Business groups and Trump, meanwhile, say it could lower fuel prices and create employment. REUTERS

USA VEIN CLINICS™
Say Hello To Life Again

SAY GOODBYE TO
- Varicose Veins
- Spider Veins
- Itching and Burning
- Leg Pain & Cramps
- Heaviness and Swelling
- Skin Discoloration
- Leg Ulcers
- Blood Clots
- Difficulty Standing

I have spent so long trying to limit time on my feet. I forgot how wonderful it is just to take a walk.

- Non-Surgical Outpatient Procedure
- Usually Takes Only 15 Minutes
- Covered By Medicare, Most Insurance Plans and Medicaid

Call (215) 809-1335 Don't Suffer another Day.

USA VEIN CLINICS™
www.USAVeinClinics.com

8352 Bustleton Avenue
Philadelphia, PA 19152

© May, 2017 USA Vein Clinic®. All rights reserved.

NOW ACCEPTING HEALTH PARTNERS INSURANCE

SHOE CARNIVAL®

shoecarnival.com

DOORS OPEN FRIDAY 6AM

THE FIRST 100 CUSTOMERS IN LINE AT 6AM GET $10 TO SPEND IN-STORE!

DOORBUSTERS

FRIDAY 6am 'til NOON

SHOP DOORBUSTERS ALL DAY THURSDAY ONLINE

WOMEN'S BOOTS **$19.98**

AFTER NOON $34.98 - $39.98

All shoes on this ad are Doorbusters and cannot be included in the Buy One, Get One 1/2 Off.

NO PARKING
ENID
Reg. $59.99

SOLANZ
GRETCHEN
Reg. $59.99
WIDE CALF AVAILABLE

MAKALU
HENOA
Reg. $39.99

UNR8ED
OCALA
Reg. $49.99

all other shoes, BUY ONE GET ONE 1/2 OFF

2nd pair equal or lesser value. Excludes certain Asics styles, Converse, Nike, Sperry and Yellow Sticker merchandise. Not all items shown are available in each store. See store for details. Also excludes the online purchase of accessories, Ariat, Birkenstock, Justin Boot product, Merrell, Koolaburra by UGG, Rainbow Sandals and SAS. To redeem online enter code **BOGO** at checkout. In-Store discount applies automatically at checkout. Not all items shown may be available online.

FRIDAY ONLY 6am - NOON

$10 OFF

YOUR TOTAL PURCHASE OF $59.98 OR HIGHER BEFORE TAXES

Cannot be combined with other coupons or used on prior purchases, refunds, or exchanges. One coupon per transaction. One coupon per customer. Excludes gift cards, certain Asics, Converse, Nike and Adidas styles, Timberland, Timberland Pro, Sperry and Koolaburra. Valid in-store only 6am - noon, 11/24/2017

SHOE CARNIVAL

5 40000 22556 5

Check out our Philadelphia area locations!

Upper Darby, PA #569
SHOPS AT 69TH STREET
610-352-1240

Willow Grove, PA #548 • PARKSIDE SHOPPING CENTER • 215-659-3790
Philadelphia, PA #551 • COTTMAN AND BUSTLETON • 215-342-1361
Philadelphia, PA #562 • QUARTERMASTER PLAZA • 215-755-1724
Deptford, NJ #577 • COURT AT DEPTFORD • 856-227-7601
Bensalem, PA #579 • NESHAMINY MALL • 215-355-6901
Moorestown, NJ #583 • EASTGATE SQUARE S/C • 856-722-5129
Exton, PA #619 • FESTIVAL AT EXTON • 610-524-1561

Tampons have an expiration date, and here's why that's important

You'll be surprised to learn the truth.

MEAGAN MORRIS
@MetroPhilly
letters@metro.us

If you're like most women, you only look at two things when you pick up a box of tampons: the amount they'll absorb and the price. But there is another thing you probably want to look at: the expiration date.

That's right: Tampons might be made of cotton, but they don't have an unlimited shelf-life for a pretty important reason.

"The lifespan of all tampons are said to be five years," Affi Parvizi-Wayne, founder of organic tampon company Freda, told Cosmopolitan UK. The reason: Bacteria and mold can grow inside the cotton and applicators.

"We recommend that women don't use out of date tampons even if they look fine," Parvizi-Wayne added, "because mould can be hidden on the applicators which may lead to irritating symptoms and infection."

Most boxes of tampons won't last five years, but there's always the chance you could find a box stuffed in your medicine cabinet — or a store could be hanging on to old packs. In those cases, it's best to check the side of the package for an expiration date. Tampax typically prints two dates on packages: The production date and the expiration date.

Tampons have been the go-to period protection option for decades for millions of women. They work, but little is known about how they really affect the body. The reason? The U.S. Food and Drug Administration classifies them as "medical devices," meaning that companies don't have to list everything that is in a tampon.

The FDA classifies tampons as "medical devices." GETTY IMAGES

Companies like Freda and competitor Lola offer another option by selling tampons made of 100 percent organic cotton, but there's another option: the menstrual cup.

Are menstrual cups better than tampons?

A menstrual cup is exactly what it sounds like: a small cup that you place inside your vagina to collect the blood and uterine lining that sheds during your period. The cup might look small, but most women can go 12 hours without emptying their cups — much less than the six to eight hours for tampons.

Most menstrual cups are made of silicone or rubber, according to the Cleveland Clinic, and different brands offer different sizes and styles. The Diva Cup, for example, sells two sizes: One for women under 30 who haven't had children and one for women who are over 30 or have given birth.

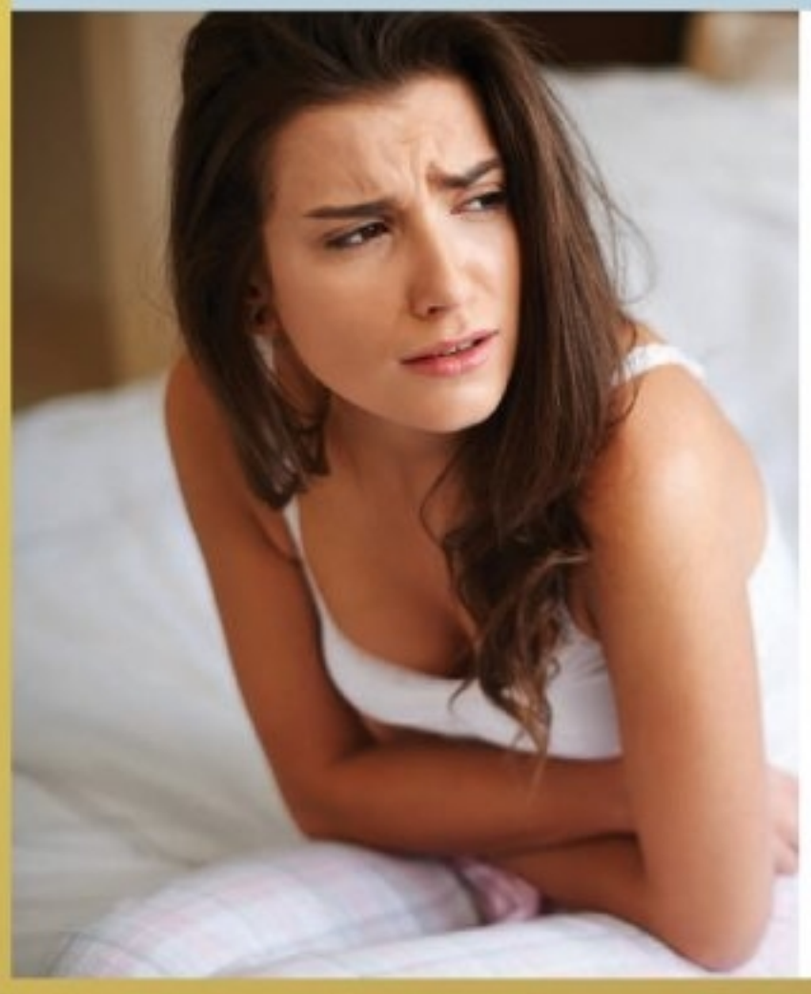
You can even have sex without mess by using certain types of menstrual cups or discs.

The downside to menstrual cups? There's a learning curve to placing and removing the cups — and it can get messy. But after a few tries it won't take any longer than inserting a tampon.

And then there's the whole cost savings: You don't have to worry about your menstrual cup expiring or buy a new one once a month. You just plop down the $20 to $40 to buy the cup and use it for several years.

Of course, you'll have to clean and sterilize it every month, but it sure beats worrying about putting mold in your vagina.

Are you suffering from
Endometriosis?



Endometriosis is one of the most common gynecological diseases affecting predominantly women in their reproductive years

- Painful Menstrual Periods
- Frequent Urination
- Heavy Menstrual Bleeding
- Chronic Pelvic Pain
- Painful Intercourse
- Infertility

The Clinical Trial Center of Philadelphia is currently screening patients for an endometriosis research trial.

If you are: A premenopausal woman 18-45 years old, been surgically diagnosed with endometriosis in the last 10 years, have pain during your period or other times in your menstrual cycle, you may qualify to participate in this trial.

Participants with surgically diagnosed endometriosis and pain symptoms during their period and at other times in their menstrual cycle who qualify, will receive investigational study medication and study-related tests at no cost.
Participants may also receive compensation for their time and travel.

Study participation is voluntary.

For more information please contact Eileen at 484-380-4861 or eileen.davies@ctcphiladelphia.com

EILEEN B. DAVIES
Director Clinical Research
www.ctcphiladelphia.com

CLINICAL TRIAL CENTER
OF PHILADELPHIA

Clinical Trial Center of Philadelphia is a subsidiary of Main Line Fertility Center

eye encounters
vision centers

FREE
GLASSES OR CONTACT LENSES*

USE YOUR FLEXIBLE SPENDING HERE

OBAMA CARE NOW ACCEPTED

WITH MOST OF THESE INSURANCES:

- City Workers
- VBA • NVA
- Police | Fireman's
- F.O.P. • Davis Vision
- Keystone First
- Bravo Health
- SEPTA employees
- Blue Cross | Blue Shield
- Aetna
- United Healthcare Community
- Optimum Health Vision
- All University of Penn Workers
- Superior Vision
- Health Partners
- Plus Most Other Insurances

2 PAIRS OF GLASSES FROM $79

*INCLUDES:
Complete Eye Exam
• Frames • Lenses

2 BOXES OF DISPOSABLE CONTACT LENSES FROM $129

*INCLUDES:
• Exam • Solution
• Contact Lens Fitting
• 2 Boxes of Contacts

Prada | Gucci | Ray Ban
Versace | Acuvue | Dolce & Gabbana
Kenneth Cole | Bausch & Lomb | Tom Ford

3810 Morrell Ave., Phila., PA 19114 • **215.632.6698**
2200 Wheatsheaf Lane, Phila., PA
(Next to Walmart) • **215.288.3333**
4002 Chestnut Street • **215.921.4871**
1925 Chestnut Street • **215.854.0441**
1325 Market Street • **267.514.4393**

vsp | Vision Benefits of America | DAVIS VISION THE EYECARE ADVANTAGE | NVA | EyeMed VISION CARE | HealthPartners

EXAMS • GLASSES • CONTACTS • SUNGLASSES

*Co-pays may apply - *Cannot be combined with insurances

New foods could change what and how we eat

The Thanksgiving holiday is perfect for embracing new, sustainable foods.

LUZ LANCHEROS, MWN
@MetroPhilly
letters@metro.us

For centuries, writers have imagined pills that are the equivalent of an entire meal. But a little more than a decade ago, scientists actually started to develop food in a sustainable way.

According to the last report released by the Food and Agriculture Organization of the United Nations (FAO), food demand is expected to grow by 70 percent in 2050. If this projection is extrapolated to livestock activities, we are looking at the production of 65 percent more nitrous oxide, 67 percent more methane and 64 percent more ammonia, which contributes to acid rain.

That's why scientists are investigating ways to create animal products without interfering with the alimentary chain. Since 2013, Dutch scientist Mark Post has been working on a hamburger in his lab. Post hopes that in five years it could become available in grocery stores. However, critics have doubts about the price of such products, and about the public skepticism.

Some projects have been successful. Real Vegan Cheese, for example, makes vegan cheese by synthesizing the animal genome.

"We believe that the days of using cows as food production machines is environmentally irresponsible," Real Vegan Cheese says on its website. "This project will address future food scarcity concerns, as yeast are renewable and the processes to cheese are nearly limitless."

Other similar projects include Clara Foods, which fabricates chicken eggs, New Harvest, a foundation where bio-projects are financed, and IndieBo, which finances bio-startups.

IS LAB FOOD HEALTHIER?

It seems that lab-grown food, as being produced without pesticides and other chemical and pathological components (like antibiotics and hormones), could be healthier. However, there are not yet convincing studies on the issue.

A study made by Zion marketing consultancy showed that by 2022, the market for Lab food will earn $220.3 billion. But there is no research that could guarantee its benefits.

Audra Davies discussed the advantages of vegetable-based products. MWN

Q&A with Audra Davies, vice-president of investigation at Amway

There is a boom in nutritional supplements in the market. How do you produce yours?
We use natural components and have farms in Mexico, Brazil and the U.S. We grow our products organically through sustainable processes. We always make tests, in a constant way, with certified management practices, and in that way, we guarantee the quality of our products. There is also science in the way we monitor all components, because we add them to the products based on biotechnology to guarantee their benefits.

Which is your most revolutionary product?
Amway has a long story with botanical components. One of them is the acerola, we cultivate it in Brazil and we process it in the United States. It has a wide use in nutrition and in cosmetic care, because in skin it gives some antioxidant effects. That helps for expression lines and wrinkles.

What are the advantages of vegetable-based products?
Our philosophy is based in phytonutrients: We consider that there are components in plants that make a difference in human health. When we investigate with botanical products, we also think about sustainability and the environment.

TOP CHOICE HOMECARE
Quality. Commitment. Compassion

In need of
FREE HOME CARE SERVICES?
HIRE YOUR FAMILY MEMBER OR FRIEND AS YOUR CAREGIVER.

WE OFFER OUR CAREGIVERS:
- Top Competitive Pay
- Holiday Pay • Birthday Pay
- Overtime Pay
- Premium Health Insurance

And More.....

WE OFFER CLIENTS:
- Professional and Caring Staff
- Birthday Recognition
- Food Assistance
- Holiday Gifts
- Special Events

Call to RSVP for our FREE events

TRANSFER TODAY!

Call us at **215-792-6884** or stop by the office
8725 Frankford Avenue Philadelphia PA 19136.
www.topchoicehomecare.com

COPD GETS WORSE OVER TIME:
WE'RE TRYING TO LEARN WHY.

FOOTPRINTS™ is a two-year Emphysema Progression Biomarker Study to help answer questions about chronic obstructive pulmonary disease (COPD) and why it worsens over time.

You may be eligible if you are 40-70 years old (30-70 years old for patients with A1AT deficiency), have not smoked in at least 9 months, and are:

- a healthy ex-smoker or
- an ex-smoker with clinically diagnosed COPD or
- an ex-smoker with clinically diagnosed COPD and alpha1-antitrypsin (A1AT) deficiency

A study doctor can help you decide if participating in an observational study such as FOOT PRINTS™ is right for you.

All study participants will receive study-related medical exams and laboratory tests at no cost while participating in the study. Reimbursement for certain study-related travel may be provided.

For more information, or to see if you may qualify for the FOOTPRINTS™ study, please contact: Temple Lung Center;
Primary Investigator: Gerard Criner, MD;
Study Coordinator: Carla Grabianowski, 215-707-1359

This information is approved by Temple University for public display and is associated with project Temple IRB # 23773 | WIRB # 20160785.

Lung Center
TEMPLE HEALTH

www.metro.us

YOUR HEAT SOURCE RESOURCE

We're the local team that you can rely on for great value, competitive prices, installation, service and repair of heating oil systems from all major brands — backed by 24/7 service in any weather.

HEATING OIL

- 3 pricing plans
- Low prices
- Budget payment plan
- Service plan options

PROPANE

- No tank rental fee
- No minimum usage fee
- No environmental fee
- Service plans

Join our family today to take advantage of these special new customer offers:

$100 heating oil credit*

$50 propane credit*

Call now! 877.359.0714

meenan.com

Meenan
Your local home service experts.

SERVING THE COMMUNITY SINCE 1934 • 1934

*$100 will be credited to your account when you join as a heating oil automatic delivery customer. $50 will be credited to your account when you join as a propane automatic delivery customer. Subject to credit approval. Additional terms and conditions may apply. Offer ends 3/31/18. PA Lic. No. PA032027. ©2017 Meenan. PA_17068

For more features stories, visit metro.us

Pink doth not cringe

Pink and Christina Aguilera once had beef. It was a very long time ago, when this nation's collective dreams were more solidified and less dusty particles. But because people are BORED and demand DRAMA from their celebrities, the narrative continues.

At the American Music Awards Sunday night, the quick-camera people caught Pink — who might just have Resting Bitch Face — seemingly cringing while Christina Aguilera performed a medley of Whitney Houston hits.

The 38-year-old took to Twitter to clarify that she has nothing but love for the "Genie in the Bottle" singer.

"Christina f—king killed it tonight for one of our favorite singers ever. This about Whitney, and I am in awe of Christina's talent. Show the clip where I'm in tears, you negative Nancy's."

So yeah, stop pitting women against each other y'all! Besides, how could they hate each other when they both sang in the updated forever hit, "Lady Marmalade?" Exactly!

Stop trying to make Pink vs. Christina Aguilera happen.

Morrissey is still the worst

Over the weekend, former Smiths frontman Morrissey defended the likes of Kevin Spacey in an interview with German publication Der Spiegel. It's pretty bad!

"As far as I know, he [Spacey] was in a bedroom with a 14-year-old," the 58-year-old told the site. "Kevin Spacey was 26, boy 14… I don't know about you, but in my youth I was never in situations like that. When you're in somebody's bedroom, you have to be aware of where that can lead to."

The backlash was swift. A variety of celebrities and otherwise verified people took to Twitter to express their disappointment. Comedian Chris Gethard wrote, "I don't understand how so much of what Morrissey sings is so beautiful yet so much of what he says is so ugly."

Shirley Manson of Garbage fame was a bit more succinct. "Morrissey has lost the f—king plot… F—k U Morrissey! F—k YOU.

We suggest Morrissey take his victim blaming and keep it.

We suggest Morrissey take his victim blaming and keep it.

the word

Alex Rodriguez is no intellectual

Surprise, surprise.

We all know that Alex Rodriguez has the best intentions for a very rich ex-baseball man, but we're also not expecting him to be the most intellectual bulb in the box, right?

Fortunately, we now have someone to tell us what's what. And that someone is Rodriguez's ex-girlfriend's mother.

In a New York Times profile of Anne Wojcicki — whom A.Rod dated for most of 2016 — the 23andMe exec's mom Esther opens up.

"I liked A-Rod, he was a very nice man," she said. "But I right away figured out this was a mismatch. He had no academic background. We couldn't have an intellectual conversation about anything. His main interest in life was something that none of us had ever focused on, which was baseball.

"I wish J-Lo all the luck in the world," she continues. Yeah, sounds about right.

After all, this is the man who wooed his current girlfriend via a "You look sexy AF" sext.

Natalie Portman takes on sexism

Natalie Portman is opening up about sexual harassment in Hollywood — and how long it took her to realize that she was a victim, too.

At Vulture Festival in Los Angeles, the "Jackie" actress says reexamining her past experiences with sexism and harassment made her see them differently. "When I heard everything coming out, I was like, wow, I'm so lucky that I haven't had this. And then, on reflection, I was like, OK, definitely never been assaulted, definitely not, but I've had discrimination or harassment on almost everything I've ever worked on in some way," she says.

"I went from thinking, 'I don't have a story' to thinking, 'Oh. wait, I have 100 stories,'" she continues.

Portman joins the ranks of women who have talked about their experiences with sexism and harassment in Hollywood, from Angelina Jolie to Gwyneth Paltrow. Here's hoping the more women come out, the more the industry — and other industries — shift towards hearing women out.

It's about time.

Go 'head girl. ALL PHOTOS GETTY IMAGES

'Runaways' star wants to team up with Benedict Cumberbatch's Dr. Strange

Lyrica Okano talks Marvel's new Hulu series.

MATT JUUL
@RunTheJuuls
matthew.juul@metro.us

A new group of heroes will join the live-action Marvel universe when "Runaways" debuts on Hulu today.

While the team isn't as well-known as the big screen's "Avengers" or even Netflix's "The Defenders," the series does offer a new spin on the superhero genre. "Runaways" is more of a teen drama, chronicling the story of a group of high school students in Los Angeles who discover that they have powers and find out that their parents are part of a villainous organization.

Lyrica Okano, who plays the magical Wiccan Nico Minoru, is excited to be a part of a new series that already has a ton of hype going into its premiere thanks to the fan-favorite comic books.

"We're just so lucky to be apart of a show that has such a huge fan base behind it from the very beginning because the comics are so popular," Okano tells Metro. "That's definitely a strength we have. I'm just so happy to be apart of it."

If the show turns out to be a hit like many of Marvel's other television projects, Okano hopes that her magic-wielding character can team up with Benedict Cumberbatch's Dr. Strange down the line.

"I don't know what Marvel would have to say about it, but of course, I would totally be down," Okano says. "I hear 'Dr. Strange' is pretty awesome."

Lyrica Okano as Nico Minoru in Marvel's "Runaways."
GREG LEWIS/HULU

Aside from the adoring fans and crossover possibilities, Okano is excited to be apart of "Runaways" because it allows her to play an Asian American character that isn't a stereotype.

"Being in this business for a while, I've auditioned for a lot of Asian roles," Okano says. "I've auditioned for the stereotypical Asian roles that call for being that submissive type. I've also auditioned for those Asian roles that call for just being edgy for having that streak of purple in my hair.

"Being able to work on Nico, she has a lot more to show," Okano adds. "She's not just edgy to have it be a fashion statement. It all comes down to her family history and the story that she has to tell."

The actress admits that one of her best friends inspired her take on Nico, the Goth girl of the "Runaways."

"I actually grew up with a best friend who was a Wiccan and who was Japanese-American," Okano says. "When I started working on Nico, I didn't see her as this new type of Asian that I can showcase on the show. I just saw her as someone who I grew up with very closely for 22 years."

"Runaways" debuts on Hulu Tuesday, Nov. 21.

BILL'S DISCOUNT CARPET & FLOORING
Your Mobile Carpet Showroom Locally Owned and Operated Serving PA, NJ and DE for Over 25 Years
CALL ANYTIME 1.856.264.1079

Shop Us First, Shop Us Last, It Doesn't Matter
We Will Beat Anybody's Estimate
We Also Install & Refinish Hardwood Floors!

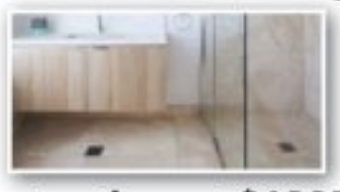
3 ROOMS $498*
Plush or Sculptured Carpet | 8lb. pad, installation. 40 Square Yards

3 ROOMS $598*
Super Plush Carpet | 8lb. pad, installation. 40 Square Yards

3 ROOMS $698*
Heavyweight Plush Carpet | 8lb. pad, installation. 40 Square Yards

Lic. #NJ13VH08091600 #PA10882
ALL CONSTRUCTION WORK AND PAINTING!

FANTASTIC FALL SAVINGS!
EXTRA 15% OFF EVERY ORDER
Free Shop At Home! FREE ESTIMATES!
Save up to 1/2 OFF Retail Store Pricing.



Complete Bathrooms starting at $1895
Complete Kitchens starting at $3595
Sale on Wood, Laminate and Vinyl Flooring!
Next Day Installation Available!

3 ROOMS OF CARPET $398*
*Up to 40 Sq. Yds
10% Senior Citizens Discount
PA10882

FREE SHOP AT HOME!

www.billsdiscountcarpet.com

Jenna Seasholtz is from Coopersburg. PROVIDED

A tale of two Annies

The coveted role is being performed by two actresses.

JENNIFER LOGUE
@jenniferlogue
jennifer.logue@metro.us

Tahlia Ellie is from Short Hills, New Jersey. PROVIDED

The holidays are the perfect time to see a musical, and the Broadway classic, "Annie," which is now being performed at The Walnut Street Theatre, is sure to be a hit with the whole family.

Through Jan. 7, audiences can tag along with the plucky orphan Annie on her mission to find her parents in 1930s New York City, which takes her from the orphanage to finding a new home with billionaire, Oliver Warbucks. Amidst the many adventures, there are plenty of memorable song and dance numbers, with unforgettable tunes like "It's a Hard Knock Life," "Easy Street" and of course, the song of everyone's childhood, "Tomorrow."

Undoubtedly, it is the dream of many young girls to perform the role of Annie, especially on a stage as revered as The Walnut Street Theatre's. For this production, two talented actors are sharing the lead role — Tahlia Ellie of Short Hills, New Jersey and Jenna Seasholtz of Coopersburg.

Both were introduced to musical theater at a very young age.

"I saw 'Annie' when I was 3 years old at my local high school," says Seasholtz. "My babysitter was the lead role of Annie. That is when I knew I wanted to be on the stage."

By the age of 7, Seasholtz got the role of Gretl in "The Sound of Music" at her local high school and caught the musical theatre bug.

Ellie got her start performing in community theaters all the way back in kindergarten, "after begging her parents."

"At the request of the director, we were told to seek out an agent and have been performing professionally ever since," she says.

She even performed the role of Tess in "Annie" by the age of seven in another production.

When it was announced that "Annie" was coming to the Walnut Street Theater, Seasholtz started practicing right away.

"I have always wanted to be Annie. This is my dream role and my dream coming true. It's hard to be the right age

CALL SAUL
IF YOU'RE
INJURED.
Nobody Fights Harder-
Nobody
The Saul Law Firm
Bentley Saul, Esquire
Managing Attorney
1313 Race St, Phila, Pa 19107

Slip and Falls • Auto Accidents
Spinal Cord/Brain Injury • Wrongful Death
• Millions of Dollars Recovered for Our Clients
• No Fee Until You Get Paid
• We Even Come to Your Home or the Hospital
CALL NOW!
OFFICE
(215) 496-1100
24/7 EMERGENCY LINE
(215) 480-3200

RESPECTABLE ROOFING
Where Respect Matters!
Specializing in energy efficient white roofs.
50 Year shingle roofs available. • Fully licensed and insured
FREE ESTIMATES
$50 OFF
ANY ROOF REPAIR
Cannot be combined with any other offer.
Expires November 30, 2017
$200 OFF
ANY NEW ROOF
Cannot be combined with any other offer.
Expires November 30, 2017
WE NOW OFFER
New Rubber Roofs
Starting as low as
*$68.00 PER MONTH
*Financing based on credit approval.
215-681-0409
HIC# PA098215

TOP PRICES PAID
FOR YOUR RECORDS (33S, 45S), CDS
NO COLLECTION TOO SMALL OR LARGE
WE BUY EVERYTHING
CALL JON AT
215-805-8001
OR E-MAIL BWSMUSIC@HOTMAIL.COM

SERGEANT BEN
ARMY-NAVY STORE
Specializing in Gifts for Veterans and their Families
We are a Veteran Owned Establishment.
"We Salute Our Heroes"
10% OFF
Your Purchase with this ad.
Use code SGT10 if buying online at sergeantben.com
Valid thru 12/31/17
Now in the Springfield Mall!
1250 Baltimore Pike,
Springfield PA 19064
Tel. 610-328-0600
Military & Veterans receive an additional 10% OFF

and the right height and the right everything [for this part]," she says.

With the demanding rehearsal and performance schedule, the two young actors somehow still find time to get their schoolwork done.

"I am currently being tutored as the last few weeks we have been in rehearsal six days a week," says Ellie. "I spend my Mondays doing school work and getting tutored."

Seasholtz is keeping up with school online.

"Next week I have to catch up with everything during the week since I am working all weekend long," she says.

It certainly takes a lot of drive to accomplish so much at a young age. What inspires them?

For Ellie, it's Sierra Boggess and Kristin Chenoweth.

"My first Broadway show that I saw was 'The Little Mermaid' at 4 years old with Sierra Boggess," she says. "I was in awe of her and told my parents that I could do that. I truly adore Kristin Chenoweth. There are so many amazing actors out there."

Seasholtz also has a lot of admiration for all the working actors in the industry and understands the challenges of the career.

"Every working actor inspires me. It is hard work to learn new shows while auditioning for the next one and always wondering what is next," she says. "It can also be hard when you want a part and you do not get it. So I think if that actor can do it, so can I. And if that person can get that part, well, then so can I."

As the song goes, "Tomorrow is only a day away," and here's to hoping that these two young stars inspire many children in the audience to pursue a life in the arts.

If you go

"Annie"
Now through Jan. 7
Various times
Walnut Street Theatre
825 Walnut St.
walnutstreettheatre.org

"Annie" is being performed at the Walnut St. Theatre through Jan. 7. MARK GARVIN

One of the show's most memorable tunes is "Tomorrow." MARK GARVIN

ARAMINGO CARPET & FLOORING

Fall Harvest Sales Event

- Next Day Installation Available On In Stock Merchandise!
- Free Shop at Home Service!
- Layaway Available!
- Over 300 rolls and remnants to choose from!

18 Months Same As Cash! (No Interest if Paid in Full)

Stop In, Visit Our Warehouse & Bring This Ad For An Additional Discount!

Mon., Wed., Fri., 9-8pm
Tues., Thurs., Sat., 9-5pm
Sun. By Appointment Only

4591 Aramingo Ave, Phila, PA 19124
215-537-9666

Your guide to Black Friday *deal-hunting*

If you shop in-store on Black Friday, get there early to cash in on the "early bird" deals.

We asked money-saving experts their advice for how to be smart shoppers this year. **KATE MOONEY**

Who doesn't love a deal? Nobody. The satisfaction of saving a buck is second only to, well, getting something free. Black Friday, the annual blowout day of discounts on Friday, Nov. 24, provides an opportunity to get items on our wishlist, from laptops to peacoats to holiday gifts, for less — as long as we're smart about it. Whether you're braving the crowds to shop in-store or surfing deals online from your couch, we asked experts how to best take advantage this year.

Plan ahead

The first thing you should do is follow your favorite retailers on social media and sign up for their newsletters. That way, you'll hear about special discounts or sales as they're announced, says Sara Skirboll, shopping and trends expert at RetailMeNot, and avoid missing deals that are made available in the days leading up to Black Friday. To curb overspending, set a budget for yourself before you begin shopping. A good way to hold yourself accountable is by purchasing a discount gift card with the exact amount you can afford to spend, and if you're shopping in stores, leave your credit card at home.

Tips for shopping online

Nowadays, many Black Friday deals online are just as good as in-store, and you may decide to avoid the crowds and do your shopping from the couch.

If you do decide to surf the web for deals, be aware that prices fluctuate throughout the day. Money-saving expert Andrea Woroch suggests installing what's called the Invisible Hand browser extension, which will send you a notification if there's a better deal than the one you're browsing and redirect you to the link. Skirboll suggests using price comparison tools like Google Shopping or Nextag, which will point out the lowest price of an item online so you get the best deal.

EXPERT ADVICE CRUISE.COM LOWEST PRICE

*Free Pre-Paid Gratuities, Free Upgrades plus up to $1700 Onboard Spending & More!

NCL NORWEGIAN CRUISE LINE
7-Day Bahamas
$429* Fr. pp
Ocean View $549* Balcony $629*

Celebrity Cruises
7-Day Alaska
$519* Fr. pp
Ocean View $889* Balcony $1589*
Taxes & fees $199.81pp

RoyalCaribbean INTERNATIONAL
7-Day Bahamas
$519* Fr. pp
Ocean View $610* Balcony $669*
Taxes & fees $151.76pp

PRINCESS CRUISES
10-Day Panama
$549* Fr. pp
Ocean View $669* Balcony $1739*

Carnival
8-Day Caribbean
$729* Fr. pp
Ocean View $929* Balcony $1059*

Holland America Line
10-Day Europe
$979* Fr. pp
Ocean View $1369* Balcony $1419*

Open 7 Days
RoyalCaribbean INTERNATIONAL "2013 Online" Agency of the Year
800-720-2456
vacation.com "2011" Agency of the Year
*Prices are pp/dbl. Cruise only on select sailings. Certain restrictions apply. Gov't taxes, and fees are additional. Prices include NCF's. Prices are quoted in US dollars. All itineraries and prices are current at time of printing and are subject to change without notice. All exclusive deals are per cabin on select sailings. CST #2015595-50

You Need An Awning!!
AS LOW AS 199.00
ALUMINUM • CLOTH • RETRACTABLE
Also... Windows • Doors
Siding • Roofing • Cement Work
Sheetrock • Flooring
SAM SILVERMAN INC.
Since 1976
rickysilverman17@gmail.com
JUST CALL RICKY "THE ROCKET" 215-808-2709

LOVE Best Prices
Re-Elect BEST BUY ROOFING
PUSH# 215-288-1100
#1 ROOFER IN PHILADELPHIA
215-288-1100
Email: BestBuyRoofing4u@yahoo.com
www.bestbuyroofing.net
$200 off Any New Roof $50 off any Repair
Protect Yourself
We (guarantee one price) start to finish on any re-roof.
Secure your Future

FREE Estimates
AFFORDABLE ROOFING
Licensed & Insured
All Types of Roofing
24 Hour Emergency Service
215-634-8800
PA License 0966666
Financing Available • Insurance Claims • www.StopLeaksFast.com

Roofs 'R' Us CONTRACTING INC.
5810 Hegerman St., Philadelphia, PA 19135
All types of roofing
Rubber Roof Specialists
10-20 year warranty
Residential & Commercial
Licensed & Insured • Free Estimates
215-634-6666
www.philadelphiaroofsrus.com

Tips for shopping in-store

If you do head to the stores, get there early, as several of the doorbusters will be limited to early birds. Price-matching will be the secret to getting the best deal, says Certified Financial Planner and Business Insider's Money Editor Lauren Lyons Cole. Research online before you leave the house, and if you find a certain item listed at a cheaper price, ask the cashier if they'll match the price — in most cases, they will, she says.

If you treat your deal-hunting like a competitive sport, Skirboll has some in-store tactics. "Start in the back of the store and work your way towards the front; moving in the opposite direction of the crowd gives you first access to some inventory," she coaches. She also suggests assembling a team of shoppers and hitting the mall together so you can divide and conquer and have more sets of eyes to scope out the selection. But if you can, leave the kids at home.

If you opt to do your shopping via the web, online tools like Google Shopping, Nextag and the Invisible Hand browser extension will help you maximize deals. ALL PHOTOS ISTOCK

Maximize your deals with money-saving apps

Money-saving apps will be your deal-seeking friends this Black Friday. If shopping in-store, Woroch suggests downloading Shopkick, which earns you points you can then redeem for gift cards, while Swagbucks earns you cash back when you shop online.

metro
tony's metro magic
ENDS DECEMBER 15
Tony's Metro Magic, named in memory of former Editor-in-Chief Tony Metcalf, is metro's annual toy drive for underprivileged children. To find out how to donate toys, visit metro.us/magic

Philadelphia Museum of Art

Introduce Your Family Tree to Ours

Tree-Lighting Celebration
Nov 22 | 5:00–7:00 p.m. | East Terrace
Tasty treats, York Street Hustle, and the tree with the best view in the city.

Free event; Pay What You Wish
Museum admission after 5:00 p.m.

Seasonal decor generously provided by IBEW Local 98, Dougherty Electric, Inc., PMC Property Group, and The Women's Committee of the Philadelphia Museum of Art.

IBEW 98 | Dougherty Electric, Inc. | PMC Property Group

Holidays at the Museum are made possible by TD Charitable Foundation and L.F. Driscoll, with additional support from The Berlin Steel Construction Company, Dan Lepore & Sons Company, R. A. Kennedy & Sons, Inc., and D.M. Salsis & Company, Inc. Programming support has been contributed by Hispanic Ventures, Inc., Central Salvage, Inc., JPC Group, Inc., Kay and Sons, LLC, Madison Concrete Construction, MK Fire Protection and Supply LLC, Philadelphia D&M, Raff Electric Inc., Sean's Landscaping, Inc., and other donors. *Credits as of November 13, 2017*

TD Charitable Foundation | L.F. Driscoll

TODAY'S METRO SECTION SPONSORED BY

Recovery Centers of America

Not all ciders need to be spiked. ISTOCK

Celebrating sober

The holidays can be especially hard for those in recovery.

JOSHUA CROUTHAMEL
@MetroPhilly
features@metro.us

Finding the perfect gifts. Making sure the house is spotless, or packing a bag and preparing to sleep on an air mattress at moms. Braving the elements — not to mention the airport, the traffic and the unexpected delays. And then there's family to deal with … the holidays are a handful for everyone. So, imagine how much more trying they are if you're abstaining from drugs or alcohol.

This time of year poses huge challenges to people in recovery. We spoke with Dr. Deni Carise, Ph.D., the chief scientific officer at Recovery Centers of America, to find out why, discover effective tools to make it to 2018 sober, and find out how to be a good host to friends or family that are struggling with a substance issue.

On top of it all …

As mentioned, the meals and gatherings, comings and goings are a (joyful) headache for the healthiest person. But it's important to understand additional pressures on people in recovery.

"The holiday spirit brings with it an increased tolerance for partying to excess," says Dr. Carise. "When a guy from the office gets overly tipsy at the office party every year it's often seen as funny rather than problematic." And when a glass of wine is omnipresent, the urge to overindulge is stronger than it would be on any given Tuesday.

We're not saying that Bob in Accounting has a serious problem, but it's worth noting that drug and alcohol hospitalizations increase by 25% between Thanksgiving and the start of the New Year. And "Blackout Wednesday" (the day before turkey) is the biggest binge-drinking day of the year, followed by New Year's Eve. 'Tis the season for poor decision-making.

Keeping clean

Firstly, remind yourself why you're celebrating sober this year. "Think about why you decided to enter recovery, write it down and carry it with you," advises Dr. Carise. There are also plenty of free apps you can put on your phone for when things get tricky — day counters and daily meditations can help reinforce your mission.

It's also important to surround yourself with support. Structure is important during the recovery process, and that can all go out the window when you have to travel away from a sponsor or skip regular meetings for family engagements. That said, we're more connected than ever before — have a few phone numbers on speed dial, and do some research on meetings you can attend if you need them. Big cities literally have Alcoholics Anonymous and Narcotics Anonymous meetings around the clock; if you find yourself isolated, both offer 24-hour hotlines.

Family drama's at an annual high this time of year. GETTY IMAGES

Another idea is to prepare an excuse for a quick exit. "Have a few lines ready for when you turn down a drink," advises Dr. Carise, "because it's no one's business if you opt for a Diet Coke!" Additionally, you can advise your host that you've got several other parties to attend, "which acts as both a good reason to leave early or if things get rough, and steer clear of alcohol [if you're driving]."

Finally, it's a great idea to look for volunteer opportunities. According to a 10-year study by Case Western, volunteering greatly reduces the odds of a relapse, and there's no better time of year to give back to those in need.

Off the wagon?

"One of the coolest

TODAY'S METRO SECTION SPONSORED BY

Recovery Centers of America

wellbeing

Let it flow? You can say "no." GETTY IMAGES

things about being in recovery is that you learn you can make a life change any day you want — you don't need to wait for New Year's Day to live your best life," says Dr. Carise. If you slip, own your mistake, and reach out for help.

Caring for your recovering guests

Hosting someone you know is in recovery from drug or alcohol problems? Be open with them. "Tell your guest you want to be supportive, and feel free to ask them if they'd rather you not serve alcohol, for example," says Dr. Carise.

And say "I'm proud of you."

Make this holiday season one to actually remember.

RECOVER Love
CALL 1 800 RECOVERY
HEROIN | OPIOID | ALCOHOL ADDICTION TREATMENT
Addiction is a chronic disease. Not a personal failure. At Recovery Centers of America, our mission is to save 1,000,000 lives, one neighborhood at a time. If someone you know is suffering from heroin, opioid or alcohol addiction, call 1-800-RECOVERY today.
R C A
Recovery Centers of America
www.RecoveryCentersofAmerica.com

IT'S TIME TO WARM UP TO PEDERSON, THE COACH NOBODY WANTED

GLEN MACNOW

OPINION

Glen Macnow has been an outspoken voice in Philly sports for nearly three decades. @realglenmacnow

Doug Pederson was not accepted right away, but as the leader for NFL coach of the year, it's time to accept him. GETTY IMAGES

Let us now take a moment to celebrate Doug Pederson.

Be honest: It's easy to love Carson Wentz. We're enthralled with Jim Schwartz and his stifling defense. We've declared Howie Roseman executive of the year. We've embraced one-time problem children Lane Johnson and Nelson Agholor.

But Doug? Ask 100 Eagles fans their take on the head coach and the most common answer might still be, "Meh." Even now, with his team 9-1, Pederson doesn't get much adulation outside the locker room – not that he likely cares. Inside, with his players, there's no shortage of respect.

I'll fess up and admit I was among those who cringed when Andy Reid's protégé got the job in 2016. I preferred candidates like Adam Gase and Ben McAdoo. Fool that I was.

Pederson didn't dominate the NFL as a rookie coach. But he proved competent. Still, he drew unwarranted criticism, like analyst Mike Lombardi demeaning him as "less qualified to coach a team than anyone I've seen in my 30-plus years in the NFL."If anything, Lombardi's low-blow takedown started to rally Eagles fans to Pederson's side.

Anyway, many remain skeptical of the coach even as his team has played brilliantly. There's an underlying fear — and I hear it on my WIP show all the time — that the Eagles will succeed, "as long as Pederson doesn't screw it up."

The time has come to move past that trepidation. As much as anyone, Pederson is responsible for the seasonal joy that permeates our town. The Eagles are winning because of him, not in spite of him.

Notice how Eagles players never miss an assignment? Or how Wentz never needs to waste a timeout waiting for the play call to come on? That's the coach.

Notice how in a season where half the league's teams have been destroyed by injuries, the Eagles have overcome theirs without a glitch? That's on Roseman, personnel guru Joe Douglas — and the coach.

Sunday night was a great example. Kicker Jake Elliott went out with a concussion — the second kicker the team has lost this season. Forced to improvise, Pederson dialed up creative plays that allowed the Eagles to convert three of four two-point conversions. It would have been all four had Zach Ertz not fumbled one at the goal line

One of Pederson's strengths this season has been his flexibility — a refreshing change after the rigidity of Reid and Chip Kelly. On Sunday night, the Eagles offense sputtered in the first half, as the coach called 18 pass plays and just 10 runs. Throughout the Delaware Valley, fans were screaming at the TV from their Barcaloungers.

But rather than stick with a losing formula, the coach rebooted the game plan for the second half. On the first three drives, he called for 16 runs versus just eight passes against Dallas's milksop defense — and the Eagles put together three long scoring drives. Game over.

Four RBs got into the mix Sunday, two of whom — Jay Ajayi and LeGarrette Blount — have done enough in the NFL to warrant big egos. But none complained about his limited role. None attempted the DeMarco Murray gambit of melting owner Jeff Lurie's ear on the plane ride home.

Players never complain about Pederson. They respect him too much.

It's time for us all to feel the same.

1601 Walnut St., Suite 822, Phila., PA 19102
215-557-7979

Jay Liu DENTISTRY

212 W Rte 38, Suite 500, Moorestown, NJ 08057
856-206-9559

invisalign

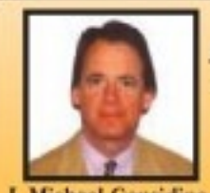
ZOOM!

SAME DAY SERVICES AVAILABLE:
Root Canal Treatment • Porcelain Crowns •
Extractions and Implant Placements • Zoom Whitening

We Accept Most PPO Insurance Plans
No Insurance? No Problem
Ask About our Courtesy Plan and Care Credit

www.philadelphiadentalcosmetics.com

INTERNATIONAL BUSINESS LAW



J. Michael Considine, Jr., P.C.

Transactions · Strategy
Disputes · Innovation · Insight
SEMINAR SPEAKER ON INTERNATIONAL BUSINESS AND LECTURER IN CHINA
Author, Philadelphia Bus. Journal Former Co-Chair, Intl' Business Section, Phila Bar
215-564-4000
1845 Walnut St. Suite 1300 Philadelphia
MANY YEARS OF EXPERIENCE MANY GREAT RESULTS

LOCAL HANDY MAN
From Punch List to Home Reno's

267-240-4422 · Call Jim for a free Estimate
LocalHandyManjim22@gmail.com
10% OFF FOR SENIORS

GAS HEAT • AIR CONDITIONING
$1089 Completely Installed
GM S8040 REPLACEMENT
ONE DAY INSTALLATION
100% FINANCING
CREDIT CARDS ACCEPTED
FALL SALE
$990 DELIVERED
VSX13015
The Goane Boys 610-353-5400

GAGNE AND SONS ROOFING & SIDING
SPECIALIZING IN: RUBBER ROOFS • SHINGLES
SIDING • GUTTERS • STRUCTURAL REPAIRS
FREE ESTIMATES • SENIOR CITIZEN DISCOUNT
FAMILY OWNED & OPERATED
ROOF COATING AS LOW AS $199
REPAIRS AS LOW AS $99
NEW ROOFS AS LOW AS $349
$100 OFF ANY NEW ROOF OVER $1000
$50 OFF SILVER COATING OVER $600
$10 OFF ANY REPAIR OVER $200
267-680-5381 • LICENSED & INSURED

$1100 GDS 8040DAN REPLACEMENT Completely Installed
Call Today & Save $50 off Any Installation of A New Furnace or Air Conditioner
CREDIT CARDS ACCEPTED
ONE DAY INSTALLATION 100% FINANCING
WINTER SPECIAL
License Technician
Joe's Heating & Cooling
Call for free Estimate 215.868.3328
BOILERS · GAS HEAT · AIR CONDITIONING

CREDIT REPAIR
FIX YOUR CREDIT REPORT
IMPROVE YOUR CREDIT SCORE
• QUALIFY FOR: • MORTGAGE • CAR
• LIVE YOUR DREAMS • REASONABLE RATES
The Credit Experts 215-642-0073

• GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES • CHARGE-OFF'S • GOOD CREDIT

YOUR JOB IS YOUR CREDIT AT...

FAIRLESS MOTORS

Se Habla Espanol!
$0 DOWN!*

In business for over 30 years.
We will NOT be undersold!

We Buy Clean, Used Cars

2003 HUMMER H2 LUXURY

$329/Month

2014 CADILLAC XTS

$333/Month

2013 MAZDA 3 iSPORT

$169/Month

2015 DODGE CHARGER SE

$245/Month

2014 FORD EXPLORER XLT

$299/Month

2013 HONDA ACCORD EX-L

$229/Month

2011 BUICK LACROSSE CXS

$249/Month

2012 MERCEDES E350

$299/Month

2014 BMW 535i

$428/Month

2013 CADILLAC ESCALADE ESV

$469/Month

2011 CHEVY CAMARO SS

$279/Month

2012 CHEVY TRAVERSE LS

$229/Month

2015 BMW i3

$333/Month

2014 BUICK ENCORE

$249/Month

2016 JEEP RENEGADE LIMITED

$339/Month

2014 DODGE JOURNEY SXT

$199/Month

2014 JEEP CHEROKEE LTD

$299/Month

2014 NISSAN PATHFINDER SV

$299/Month

2015 MERCEDES C300 4 MATIC

$399/Month

2017 CHEVY IMPALA LT4

$299/Month

2012 NISSAN QUEST

$199/Month

2015 MITSUBISHI OUTLANDER SPORT

$199/Month

2013 DODGE DURANGO SXT

$250/Month

2015 TOYOTA RAV 4 XLE

$269/Month

2013 JEEP WRANGLER SAHARA

$399/Month

ALL VEHICLES FAIRLESS MOTORS CERTIFIED

1-888-251-4312

Special incentives for SEPTA, hospital, military, and postal workers! Used Car Leasing Now Available.

PAYMENTS AS LOW AS $99.00 PER MONTH!*

$500 OFF WITH THIS AD! NO GIMMICKS!

435 LINCOLN HWY, FAIRLESS HILLS, PA

24 HOUR HOTLINE: 1-800-205-0068 • www.FairlessMotors.com

*$0 down and monthly payments of $99 on select vehicles. Monthly payments reflect 2.99% APR for 72 months with $2000 down. Tax, tags and fees extra.

• CHARGE-OFF'S • GOOD CREDIT • BAD CREDIT • NO CREDIT • REPOS • DIVORCE • BANKRUPTCIES •

8 Soon-to-be free agents for Eagles to worry about

It's never too early to think of the future, as these eight Eagles players could be in new uniforms next season.

EVAN MACY
@evan_macy
evan.macy@metro.us

The Eagles are flying high, at 9-1 and all but assured an NFC East title and home playoff game. But the question of longevity is unavoidable. With sophomore phenom Carson Wentz eventually due a big raise, the Eagles and Howie Roseman will need to be smart and frugal. Obviously with Wentz getting a monster deal, sooner or later, the team will continue to have a bedrock to compete from. But who will his teammates be? Here are the expiring contracts to know about:

1 Alshon Jeffery, WR

Jeffery hasn't had a 100 yard game this year — no Eagle has, but his contribution from the WR1 spot has had a huge impact on Carson Wentz' development. And his hands are pretty incredible. A new contract could be in the works for the 27-year-old

2 Legarrette Blount, RB

The big bruising back has been effective in Philly but his services will likely be available in 2018. With Jay Ajayi still on his rookie deal and Corey Clement and Wendell Smallwood also set to return, Philly finally looks set at running back for the first time since LeSean McCoy was traded.

GETTY IMAGES

3 Darren Sproles, RB

Sproles said he wanted to retire after this season, when the season began, but after injuries to his knee and ankle 2017 didn't last long. If he comes at a discount he may be on the squad in 2017 but don't count on it.

4 Nigel Bradham, LB

Bradham had a fumble returned for a touchdown against the Cowboys and, with Jordan Hicks sidelined again, has proven to be a very valuable linebacker. Bradham is making just over $4.7 million this year. For a similar price he'd be welcomed back with open arms in 2018.

5 Trey Burton, TE

Brent Celek can be cut for just $1 million next season (he has one year and $5 million on his deal for 2018). If they do, you can bet Burton will be brought back and signed to a team-friendly deal.

6 Corey Graham, S

Graham has been a great veteran depth member of the secondary, but he's the kind of guy who will likely be replaced with youth in the offseason.

7 Kenjon Barner, RB

If Sproles indeed does not return, Barner has shown value as a return man and as an occasional pass-catching running back. He could be the fourth RB on the team next season.

8 Patrick Robinson, CB

Robinson offers an interesting case. Paid just $775,000 this season, he's played well better than anyone could have guessed. He could fetch a pretty good deal in free agency, and while the Eagles would love to resign him, a healthy Sidney Jones could put him out of a job on Philly.

MEDICAL RESEARCH
To advertise call Jennifer Lydon at 215-717-2691 or email jennifer.lydon@metro.us

FREE YOURSELF
FROM COCAINE
Contact us for a confidential screening for a research study of an investigational medication to help with your addiction.
215-746-3708
Perelman School of Medicine
University of Pennsylvania

ARTIE CLEAR
ROOFING AND DRYWALL

NO JOB TOO BIG OR TOO SMALL!!!!!!!!
WE DO ROOFING, DRYWALL,
HEATERS (Gas or Electric), AND MORE.
FREE ESTIMATES-100% FINANCING AVAILABLE!
EVERYBODY GET'S APPROVED!
ARTIE CLEAR FROM EAGLES REPORT CARD AND FOX
CALL ARTIE TODAY AT
609-335-0207 or 215-444-6844
FOR YOUR FREE ESTIMATE.

LEGAL SERVICES

To advertise call Susan Peiffer at 215-717-2695
or email susan.peiffer@metro.us

ACCIDENT & INJURY ATTORNEYS
OVER $100 MILLION RECOVERED
MARRONE LAW FIRM, LLC
TOLL FREE AT 866.732.6700
Schedule a FREE Consultation
(FREE PARKING ON SITE)
AT THE BELLEVUE
200 South Broad Street, Suite 400
Philadelphia, PA 19102
MARRONE LAW BUILDING
532 Route 70 West, 2nd Floor
Cherry Hill, NJ 08002
www.marronelawfirm.com

INJURED AT WORK?
WE WILL FIGHT FOR YOU
• WORK INJURIES • SOCIAL SECURITY DISABILITY • PERSONAL INJURY CLAIMS
FREE CONSULTATION • SE HABLA ESPANOL
CHRISTY ADAMS, ATTORNEY
NICK RENZI, ATTORNEY
CALL US AT: 215-546-4208
CENTER CITY • 1429 Walnut St.
NORTH PHILA. • 227 W. Lehigh Ave.

CANCER
MEDICAL MALPRACTICE
DEFECTIVE PRODUCTS
Evaluations by Attorney named top 1% of attorneys nationwide, PA Super Lawyer, and Life-time member of Million Dollar Advocates Forum.
Millions of Dollars Recovered for Injured Clients
Emmanuel Law Firm, LLC
Two Penn Center, 1500 JFK Blvd.
No Recovery-No fee/Free Consultations
Home/Hospital Visits
215-567-0493
Call or email us today
www.emmanuellawfirm.com

SLIP AND FALL
TRIP AND FALLS
Call For Any Fall Down Claims
FREE CONSULTATION
Office 215-496-1100
24/7 Emergency 215-480-3200
Saul Law Firm - 1313 Race St. Phila, PA 19107

SLIP AND FALL
Our Law Firm handles all FALL DOWN Claims
Free Consultation 24/7
215-268-7800
1617 JFK Blvd., Suite 355 Philadelphia, PA 19103
SLIPANDFALLGUYS.COM

Medical Mistakes
Cerebral Palsy
Birth Injury
Amputations
Cancer Misdiagnosis
Surgery Mistakes
Hospital Death
Doctor-Lawyer on staff
Over $100 million
recovered as co-counsel
Law Offices of Tai Y. Wong
www.tymdjd.com
215-592-9750
Free Initial Consultation. No Recovery-No Fee
1101 Market Street, Aramark Tower Suite 2820, Philadelphia, PA 19107

ITEMS WANTED

NEED CASH?
$ BUYING Diabetic Test Strips, Nicotine Patches/Gum $
PAYING up to $50/Box
215-425-7897
DROP OFF 1802 EAST ALLEGHENY AVE (K&A)

CASH FOR DIABETES TEST STRIPS
PRICES ARE UP!!
Up to $50/box!
Payment made SAME-Day We Receive!
Call Kerri for a Quote Today!
800-413-3479
www.CashForYourTestStrips.com

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us

REAL ESTATE

Real Estate for Sale

House For Sale
$549.14 a month
3 Bedrooms, Excellent condition
Nick's Real Estate
(215) 425-3500

Real Estate Wanted

WE BUY UGLY HOUSES.®
HOMEVESTORS
AMERICA'S #1 HOME BUYER
1-800-301-3223

SERVICES

$$$ CASH $$$
For Diabetic Test Strips
Limited Time Only Offer
$50-100ct - $25-50ct for Accu Check Smartview & for boxes with expiration date 2018/11 and higher.
221 W. Girard Ave (drop off only) | Hours: M-F 8:30-3:30pm Sat: 10-2pm
267-275-1717 | www.dollarsforstrips.com

CA$H TODAY!!
FOR DIABETIC TEST STRIPS!!
#1 IN CUSTOMER SERVICE • MOST BRANDS ACCEPTED
WE PAY YOU MORE!! UP TO $60 PER BOX!!
(MUST BE UNOPENED AND NON-EXPIRED TEST STRIPS)
WE PICK UP!
CALL (484) 447-1223
TO SCHEDULE A PICK UP TODAY!

CA$H PAID
FOR DIABETIC TEST STRIPS!
ABSOLUTE TOP VALUE
MOST BRANDS ACCEPTED
PAY UP TO $60 PER BOX
WE PICK UP
Call James 610-453-2525

MITCHELL TEST STRIPS INC
We buy Diabetic Test Strips
We will pay up to $60 per box
We will pick up
— GUARANTEED —
CALL #215.820.4312

metro CLASSIFIEDS
To place an ad call 866-900-9473
or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

metro CLASSIFIEDS
To place an ad call 866-900-9473

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

MEDICAL RESEARCH

To advertise, call Jennifer Lydon at 215-717-2694
or email jennifer.lydon@metro.us

ATOPIC DERMATITIS

Call it eczema' or ec'zema, which is associated with hay fever or asthma, there is still itching, scratching, redness, and scaling!

About this research study of an investigational medicine for atopic dermatitis:

Adults 18 years or older

Dermatologic examination and laboratory studies at no charge

Study medication at no cost for this study of up to 72 weeks

Travel expenses and volunteer fee for qualified subjects

Call: Paddington Testing Company, Inc.
215.563.7330

JOBS

General Help Wanted

TTC TOTAL TRANSPORTATION CORP.

SCHOOL BUS DRIVERS
AND BUS ATTENDANTS WANTED

- Immediate Openings
- Competitive Wages
- Benefits Package
- Benefit Rate and Non-Benefit Rate
- Training Available to New Drivers
- Classes Forming Now
- $500 SIGN-ON BONUS FOR DRIVERS WITH CURRENT CREDENTIALS

Please Apply in Person
Monday through Friday
9:00am to 3:00pm
3101 Orthodox Street,
Philadelphia, PA 19137
215-383-0470

DRIVER/PARATRANSIT
Abington, PA
Up to $14/HOUR
- Experience preferred or will train
- PA license • Good MVR
- At least 21 years old
- Location is accessible to public transportation

CALL
215-517-7938

Mt Airy Daycare hiring for Staff positions .
Call 215-5656637
10am-2pm only

CARS

Vehicles Wanted

$$$ UP TO $1100.00 $$$
For Cars w/Bad Engines w/ or w/out title
500.00 CASH $$$
For Any Junk Cars or Trucks
215-669-1000

WE BUY CARS & TRUCKS (any condition)
$100--$5000
CASH PAID
FREE TOWING
SAME DAY PICKUP
267-229-1970

WE BUY JUNK CARS!
Top dollar paid in CASH!
Free pickup!
Call: 609-851-2980 or 215-730-0900

metro CLASSIFIEDS
To place an ad call 866-900-9473

IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

BUSINESS OPPORTUNITIES

City Line Hotel
Banquet Business For Sale Price:
$100K
Call Melius:
631-367-7450

metro CLASSIFIEDS
To place an ad call 866-900-9473

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

ENTERTAINMENT

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us

metro CLASSIFIEDS
To place an ad call 866-900-9473 or visit us at www.metro.us
DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

metro CLASSIFIEDS
To place an ad call 866-900-9473

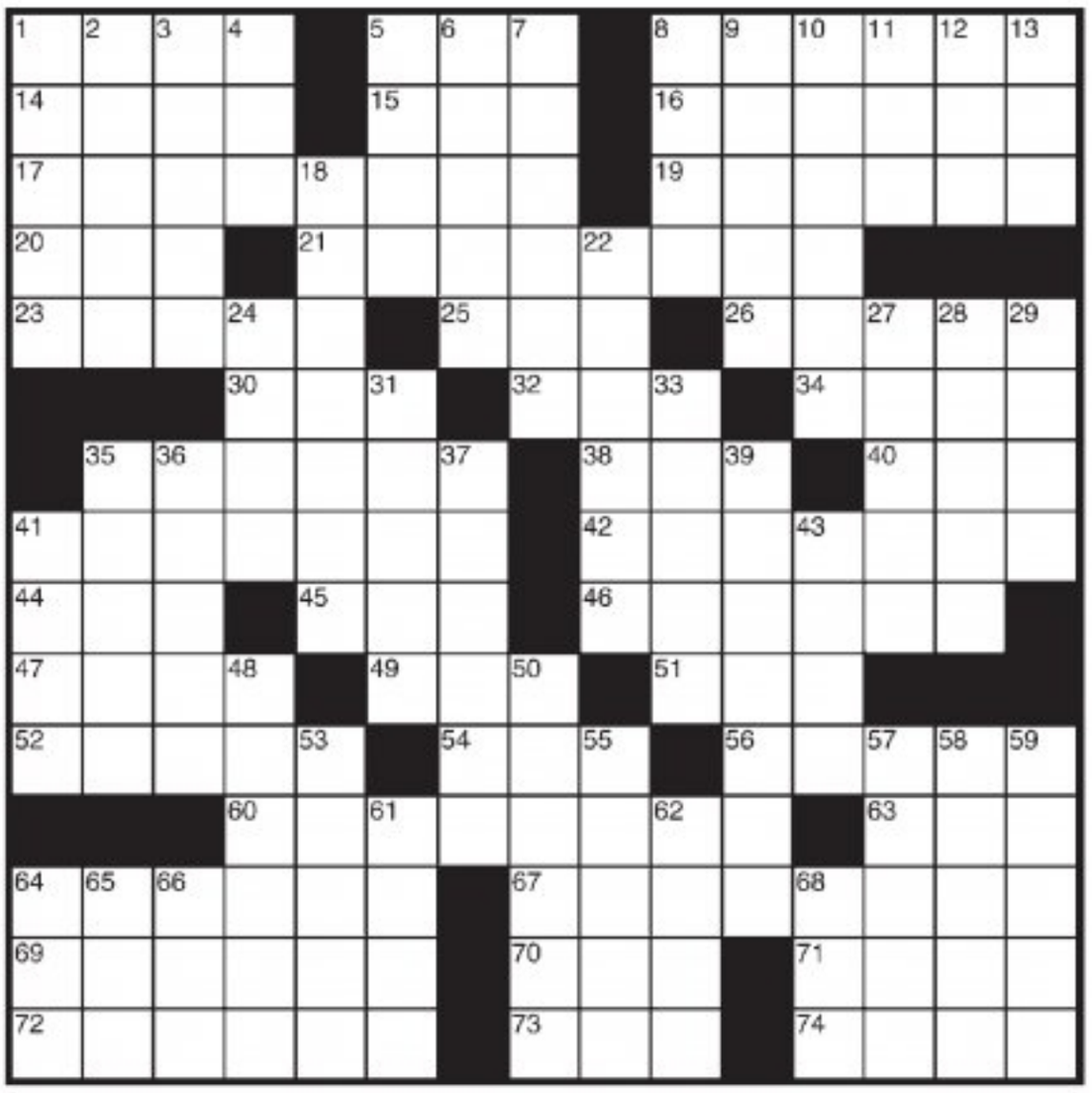
IMPORTANT INFORMATION:
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

metro.us/games

metro.us/crossword

Across
1 Trace of smoke
5 Heating fuel
8 Turn into
14 Blame
15 Time to celebrate
16 Like many classics
17 Turnpike turnoff (2 wds.)
19 Bow opposites
20 Radar meas.
21 Like some knives
23 Pilot's control
25 Kayo count
26 Nouveau –
30 Resinous deposit
32 Pixel
34 People in general
35 Borrowed car
38 "Law & Order" figs.
40 Tomahawk
41 Save from a landfill
42 Spouted lava
44 Long sigh
45 Horror-film street
46 Emphasize
47 Univ. staffer
49 Weep audibly
51 Sell-out sign
52 Aquarium scavenger
54 Hurried
56 Got through
60 Spunk
63 He "stung like a bee"
64 San Joaquin Valley city
67 Early missionaries
69 "Our Gang" kid
70 RN assistant
71 Nail the quarterback
72 Commodity from abroad
73 Caustic cleanser
74 First-aid boxes

Down
1 Soil aerators
2 All thumbs
3 Raw fish dish
4 Portland hrs.
5 Actor Richard --
6 Turn away
7 Scorched
8 Sculptor's output
9 Register for
10 Kind of union
11 Poet's contraction
12 Homo sapiens
13 Mr. Asner et al.
18 With suspicion
22 Battery terminals
24 Potter's medium
27 Talks online
28 Spells
29 Took a look
31 Monks' quarters
33 Dainty pastries
35 Find out
36 Sorenstam rival
37 Hitchhiking fish
39 Horse-drawn carriages
41 Knocks firmly
43 Menial worker
48 Huge flop
50 Mrs. Bogart
53 The L in LEM
55 Frosty
57 – Lama
58 Vote in
59 Storage media
61 Pinhead
62 Musical note
64 Day of the wk.
65 Play bumper-cars
66 Sixth sense
68 Disapproving cluck



metro.us/sudoku

easy

				8			9	
	1		5		3		2	
		8			4		5	6
		3	7	4		5		
	7			1			3	
		4		2	6	1		
8	5		9			6		
	4		6		8		7	
	6			3				

hard

5	3				6			7
					9		1	5
		4				3	9	6
	6				4	2		
3				6				1
		7	1				5	
7	5	6				9		
8	2		7					
4			6				7	8

metro.us/horoscopes

Aries Share your feelings, but listen to what others have to say as well. Compromise will encourage a chance to make changes that will result in additional benefits.

Taurus If you share your feelings with someone facing similar circumstances, together you will find a way to overcome any dilemma.

Gemini Don't be fooled by a sales pitch or someone trying to take advantage of you emotionally or financially. Be disciplined when it comes to money matters.

Cancer Take a different approach to the way you run your home. Listen to what youngsters have to say. The insight provided will help you make an important decision.

Leo You'll be torn between what you want to do and what you must do. Preparation and organization will give you the chance to keep your promises and fulfill your dreams.

Virgo Look for alternative solutions. Learn from past mistakes. Choose sincerity and integrity over empty promises. Aim for greater stability and a healthier lifestyle.

Libra Don't force your will on others or let anyone take advantage of you. Compromise will lead to the type of equality that you want in your important relationships.

Scorpio Don't get angry when you can get busy. If there is something you want to accomplish, make choices that will allow you the freedom to do so.

Sagittarius If you share your ideas, you'll discover you have more support than you thought. Organize what you want to see happen and pursue your goals with discipline.

Capricorn If you share your thoughts and feelings, it will help clear up any misconceptions someone has about you or your motives. Physical change will boost your morale.

Aquarius It's up to you to bring about change. Go beyond the call of duty to stand out. Use your intelligence and discipline to achieve your goal.

Pisces Your intuition will not let you down. Trust in your gut feeling, regardless of what someone tells you. Concentrate on your goals and personal endeavors. EUGENIA LAST

Yesterday's answers

C	L	O	M	P		A	S	H		S	H	A	W	L
L	E	D	G	E		L	O	A		P	A	R	R	Y
A	G	I	T	A	T	I	O	N		R	U	D	E	R
W	O	E			R	A	N	D		A	T	O	N	E
			B	R	A	S		B	U	Y	E	R	S	
B	A	R	L	E	Y		F	A	M	E				
O	N	I	O	N	S		A	L	A	D	D	I	N	
O	T	T	O			N	I	L			A	G	A	R
	S	E	M	I	N	A	R		O	R	N	E	R	Y
				R	U	T	S		C	O	E	R	C	E
	A	C	C	E	N	T		S	E	W	S			
R	U	R	A	L		I	O	T	A			S	A	D
A	G	E	N	A		E	A	R	N	E	S	T	L	Y
F	U	T	O	N		S	K	I		M	O	U	S	E
T	R	E	E	D		T	S	P		U	P	D	O	S

Can't wait until tomorrow to check your answers? Visit **metro.us**

metro **As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro Philadelphia** 30 S. 15th St., Philadelphia, PA 19102 • **main** 215-717-2600 • **to advertise** 215-717-2695 • **Press releases** pressrelease@metro.us • **Associate Publisher** Susan Peiffer • **U.S. Circulation Director** Joseph Lauletta • **U.S. Marketing Director** Wilf Maunoir • **email sales** adsphilly@metro.us • **Chief Revenue Officer** Ed Abrams, Ed.Abrams@metro.us • **email distribution** distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • **Editor in Chief** Aleksander Korab, aleksander.korab@metro.us • **Managing Editor** Morgan Rousseau, morgan@metro.us • **Site Director** Linnea Zielinski, linnea.zielinski@metro.us • **Night Editor** Jason Nuckolls, jason.nuckolls@metro.us • **Art Director** Billy Becerra, Billy.Becerra@metro.us • **Sports Editor** Matt Burke, matthew.burke@metro.us • **Features Editor** Joshua Crouthamel, Joshua.Crouthamel@metro.us • **Entertainment/TV Editor** Matthew Juul, matthew.juul@metro.us • **Going Out Editor** Eva Kis, eva.kis@metro.us • **Head of Production** Matt Prowell, matt.prowell@metro.us

Certified Audit CAC of Circulations

PRAHEALTHSCIENCES
401 Route 73 North
30 Lake Center Executive Park,
Suite 100 • Marlton, NJ 08053

Guys, Do You Suffer From Glucose-6 Phosphate Dehydrogenase (G6PD) Deficiency?

PRA Health Sciences is currently conducting a study of an investigational medication.
We're seeking

- **Men diagnosed with G6PD**
- **18-55 years old**
- **Available for 1 stay of 18 nights, plus 1 follow-up visit**

Qualified study participants may receive compensation up to $5,350 for time and travel.
Even if you don't qualify, you could receive up to $50 for referring a qualified participant

844-PRA-PINK (844-772-7465) **PRAstudies.com/Marlton**

www.metro.us